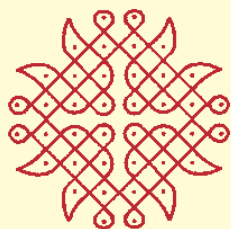




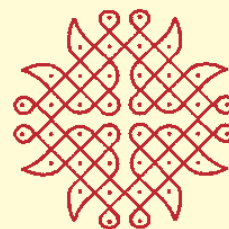
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NEW YEAR ISSUE  
JANUARY 2016









Happy New  
Year  
2016



Happy Pongal !

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## EXECUTIVE COMMITTEE FORMED ON FEBRUARY 2014

### INTACH - COMMITTEE (For the Nine Divisions)

1. Mrs. UMA KANNAN  
Convener
2. Mr. P. RAJESH KANNA  
Co-Convener
3. Mr. JAYESH J. METHA  
Treasurer
4. Mr. ARAVIND KUMAR SANKAR
5. Mr. R. HARESH
6. Mrs. VALLI ANNAMALAI
7. Mr. M.D.VEL
8. Mr. G. VASUDEVAN
9. Dr. ARAVIND SRINIVASAN
10. Mrs. CHITRA GANAPATHY



Craft, Community &  
Heritage



Natural Heritage



Heritage Tourism



Heritage Education  
and  
Communication Service



Documentation



Architectural  
Heritage



Intangible Cultural Heritage



Material Heritage



Heritage Academy



# INTACH

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## CONTRIBUTING TEAMS FOR THE NINE DIVISIONS



Craft, Community & Heritage

Committee Head:  
**Mrs. Valli Annamalai**

Member Volunteers:  
**Ms. Mital Kailas Lalan**  
**Ms. Mahroon Ismail**  
**Ms. Divya Shyam Gupta**  
**Mrs. Visalakshi Ramasamy**  
**Ms. Mathalaimani Asaikani**  
**Mr. Zafer Salim**  
**Ms. Reshma Zafer**



Natural Heritage

Committee Head:  
**Mr. R. Haresh**

Member Volunteers:  
**Mr. J. Shenbagaraj**  
**Mr. R. Durgaram**  
**Mr. S. Nadanagopal**  
**Mr. Saravanan**



Heritage Tourism

Committee Head:  
**Dr. G. Vasudevan**

Member Volunteers:  
**Mr. D. Gunasekar**  
**Mr. A. Sudhir**  
**Mr. Divya Gupta**  
**Ms. Sridevi Murali**  
**Mrs. Bhavani Vel**



Heritage Education and Communication Service

Committee Head:  
**Mrs. Chitra Ganapathy**

Member Volunteers:  
**Ms. Sita Krishnamoorthy**  
**Ms. Sudha Renganathan**



Documentation

Committee Head:  
**Mr. M.D. Vel**

Member Volunteers:  
**Ms. Sharmila C.Ganesan**  
**Ms. Sudha Renganathan**  
**Ms. Sujatha Srinivasan**



Architectural Heritage

Committee Head:  
**Dr. Aravind Srinivasan**

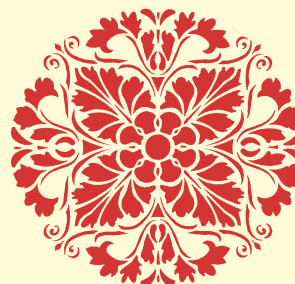
Member Volunteers:  
**Ms. Shanthi Senthil**  
**Mrs. Vasantham Sundaravel**  
**Mr. Jeyesh Metha**  
**Mr. Rajesh Kanna**



Intangible Cultural Heritage

Committee Head:  
**Dr. Aravind Kumar Shankar**

Member Volunteers:  
**Ms. Shobhana Ramachandran**  
**Mr. Manohar Devadoss**







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## INTACH – MADURAI CHAPTER ACTIVITIES

### Visit to Kutladampatti Falls

Venue : Kutladampatti Falls, Near Vadipatti, Madurai.

Date : November 22, 2015

Resource Persons : Mr. Nihar Ranjan, DRO, Madurai Region

Mr. P. Rajesh Kanna, Co-Convener

INTACH Madurai visited Kutladampatti Falls, Near Vadipatti, Madurai on 22nd November 2015 for a Nature Walk, led by Mr. Nihar Ranjan, DFO, Madurai Region. We met at the foothills of Kutladampatti Water fall.

The purpose of the visit was to see how we can make it accessible to people who care and who would realise the importance of protecting its bio diversity, and learn the importance of leaving nature the way it is.

INTACH is happy to pitch in with this initiative.

Locals avoid this place due to safety reasons. It is truly an amazing place. INTACH will try to make it a safe place, and the first step is clean it up and to get tourists and locals to visit the place. We must encourage people to visit such sensitive sites without affecting the eco system.

People must be sensitized to maintain this fragile spot of nature with care. There is also an ashram there. The ashram is against the backdrop of hills.

Main objective is to clean, maintain, create awareness and project kutladampatti as a tourist spot.





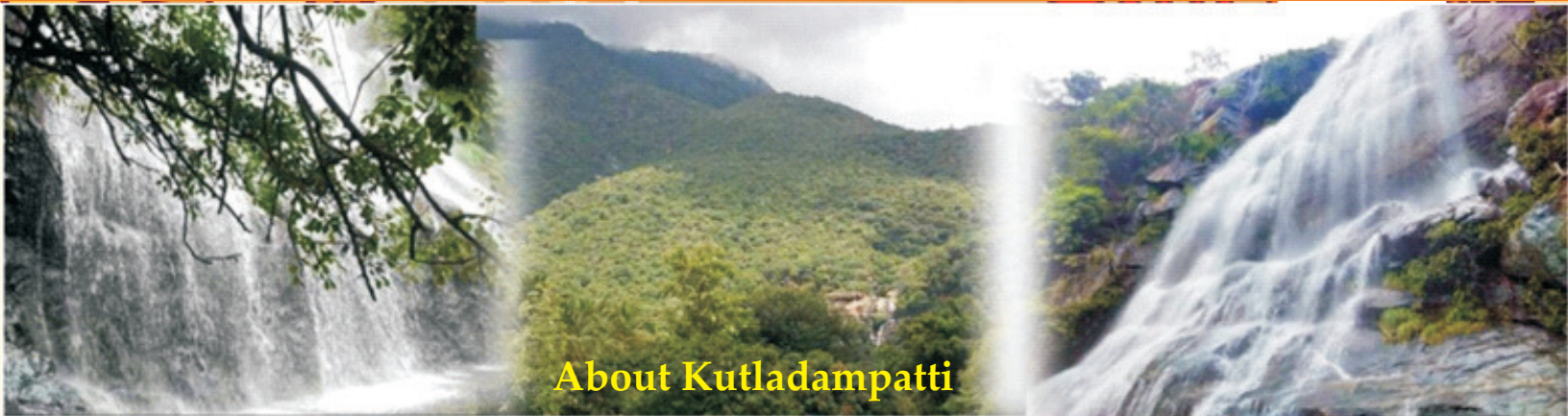
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## About Kutladampatti

Kutladampatti is located close to vadipatti (Madurai – Dindigul highway) hardly takes half an hour to reach from Madurai. Being situated on the foothills of Sirumalai the waterfalls is a must visit place during the monsoon season (November to January)

Kutladampatti is calm, green and scenic with plenty of creeping birds, and mischievous monkeys. The friendly people of the nearby village kutladampatti welcome you with warmth. A short and comfortable trek with a great view leads to the kutladampatti waterfalls.

'The friends of the forest' an initiative by the District Forest Office and INTACH Madurai Chapter team up to promote this natural wonder as a Safe and Clean place for the tourist to visit.

Organizing a Nature Walk to kultadampatti on 22nd November 2015, Sunday, 7 AM

Signboards (that say smoking and alcohol is prohibited) need to be put up.

Installing CCTV Cameras

Cleaning up the place

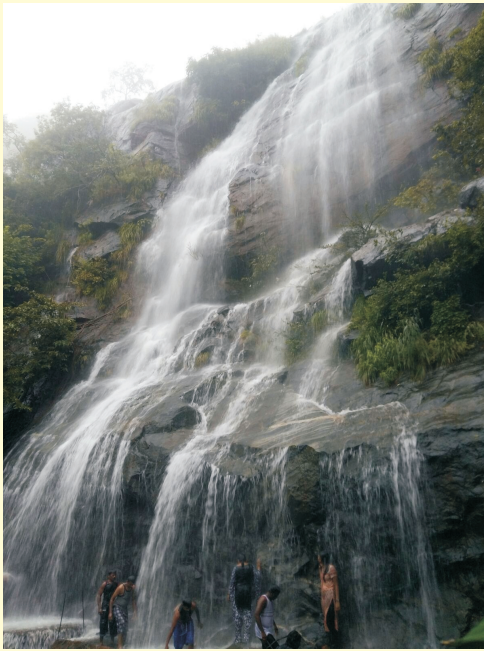
Creating awareness and promote kutladampatti through social media

Recognizing the youth of kutladampatti who have volunteered to protect the place

Involving the local community and providing a helpline to get information on the place.

The above mentioned are some of the initiatives to start with.





Kutladampatti Water Falls



A Heritage House at Kutladampatti, Madurai



Shower at Kutladampatti Falls



Volunteers in action





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## INTACH - MADURAI CHAPTER ACTIVITIES

### LAUNCH OF INTANGIBLE HERITAGE CALENDAR 2016

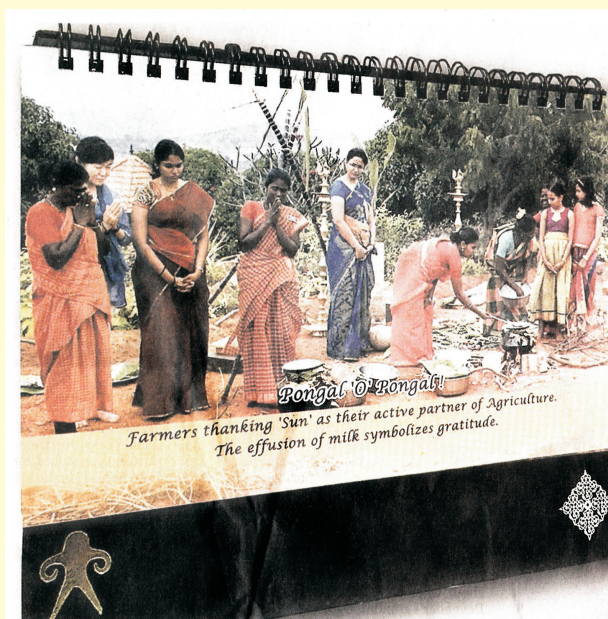
Venue : Pandiyan Fortune Hotel, Madurai.

Date : December 13, 2015

Resource Persons : Dr. V. Vedachalam, Archaeologist and Senior Epigraphist

Dr. R. Venkatraman, Historian and Senior Advisor - INTACH Madurai Chapter

INTACH Madurai Chapter launched its Intangible Heritage Calendar 2016 on December 13, 2015 at Pandiyan Fortune Hotel, Madurai by the Chief Guest Dr. V. Vedachalam, Archaeologist and Senior Epigraphist and Dr. R. Venkatraman, Historian and Senior Advisor of Madurai Chapter.







New Members Registering



EC Member Mrs. Chitra Ganapathy and Ms. Asha at Registration Desk



Co-Convener Mr. P. Rajesh Kanna



EC Member Dr. G. Vasudevan, talking to the gathering





Former Convener Mr. Arvind Kumar Shankar, talking to the gathering



Dr. V. Vedachalam, Senior Advisor Dr. R. Venkatraman in the front row



Dr. R. Venkatraman and Dr. V. Vedachalam, releasing the Calendar along with EC Members



Receiving the Calendar







Chief Guest, Dr. V. Vedachalam



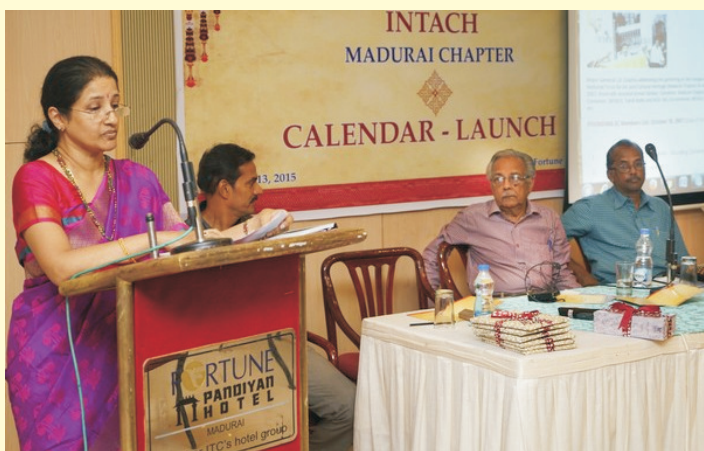
Senior Advisor, Dr. R. Venkatraman



EC Member, Mr. M.D. Vel



EC Member, Dr. G. Vasudevan



Convener Uma Kannan



Dr. R. Venkatraman and Former Convener Mr. Arvind Kumar Shankar



View of the Audience





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## INTACH – MADURAI CHAPTER ACTIVITIES

**AN INSPIRATIONAL TALK BY DR.SARADA NAMBI AROORAN ON  
“YOUNGER GENERATIONS ROLE IN PROTECTING AND PRESERVING OUR TRADITIONAL HERITAGE”**

Venue : Thiagarajar College, Madurai.  
Date : December 14, 2015  
Resource Person : Dr. Sarada Nambi Arooran, Former State Information Commissioner of Tamil Nadu



Dr. Sarada Nambi Arooran gave a talk to students on Younger Generations Role in Protecting and Preserving our Traditional Heritage at Thiagarajar College, Madurai on December 14, 2015.

She encouraged the students, to take interest in their cultural heritage and be sensitized towards the importance of protecting and preserving it. She explained, how our cultural identity forms apart of our identity. She also said, that many students go abroad to study and they should be cultural ambassadors of their country and should take great pride in projecting it. She stressed on strong value system and that students should follow and practice their traditional culture and not ape the west blindly.





Welcoming the Chief Guest Dr. Sarada Nambi Arooran



Dr. Sarada Nambi Arooran delivering her lecture



Mr. M.D. Vel presenting a Memento to the Chief Guest



Mrs. Chitra Ganapathy, briefing the audience about INTACH



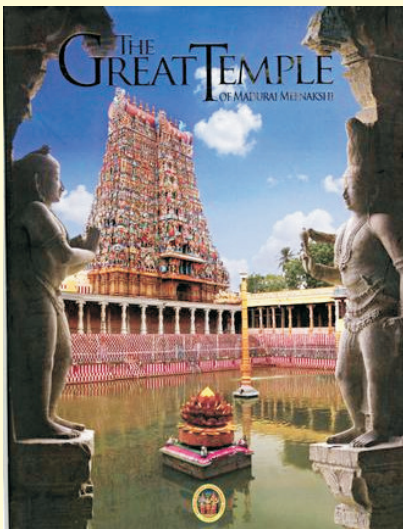


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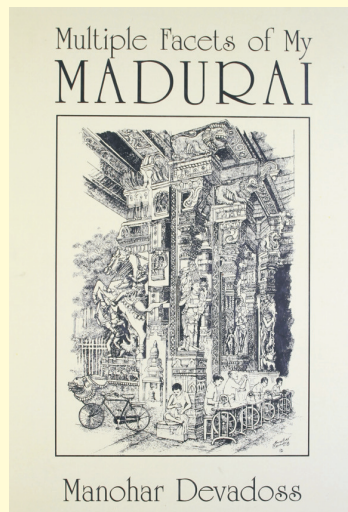
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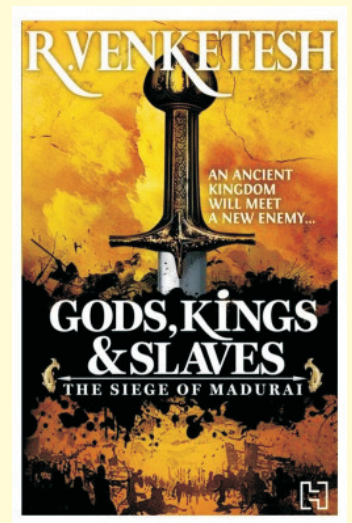
## BOOKS ON MADURAI



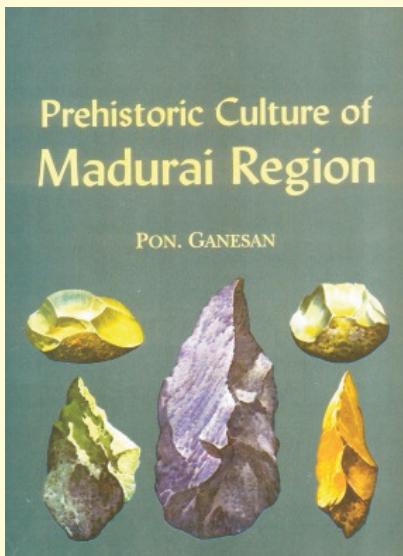
**The Great Temple of Madurai Meenakshi**  
by Valayappettai Ra. Krishnan



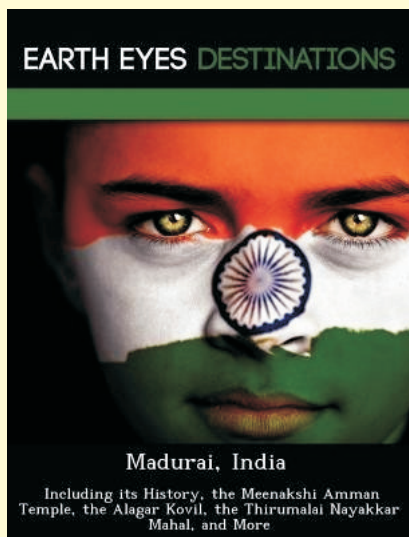
**Multiple Facets of My Madurai**  
by Manohar Devadoss



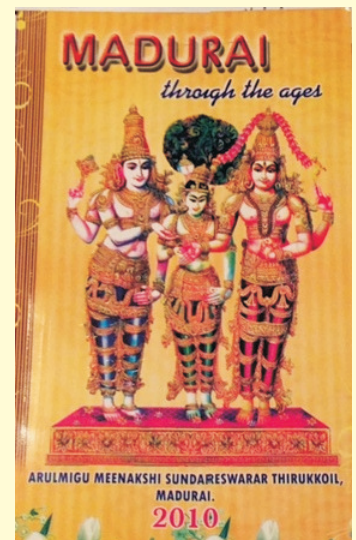
**Gods, Kings & Slaves**  
by R. Venkatesh



**Prehistoric Culture of Madurai Region**  
by Pon. Ganesan

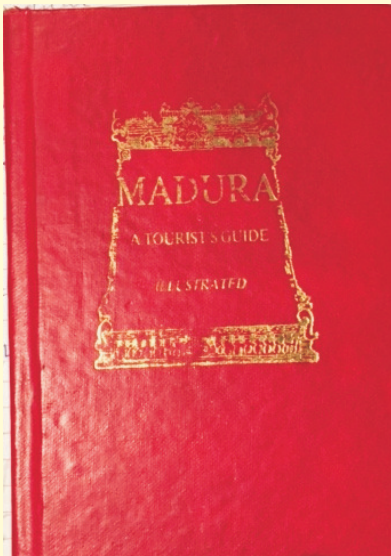


**Madurai, India**  
by Dave Knight

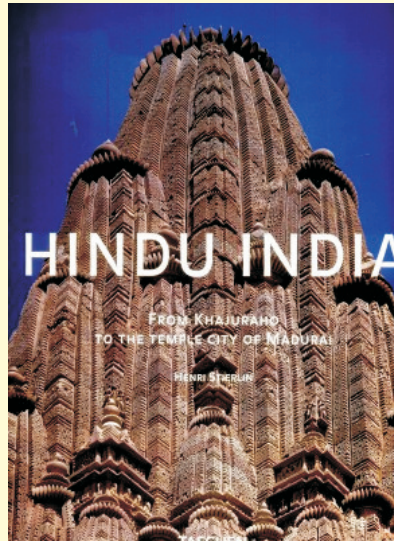


**Madurai, through the ages**  
by Madurai Meenakshi Amman Temple

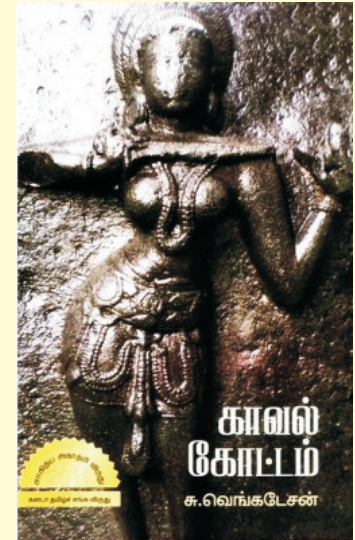




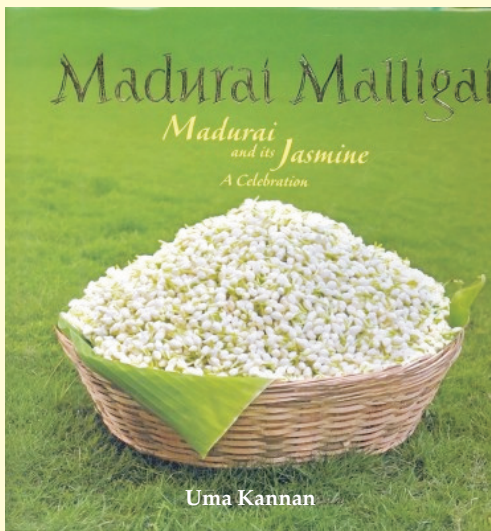
**MADURA - A Tourists Guide**



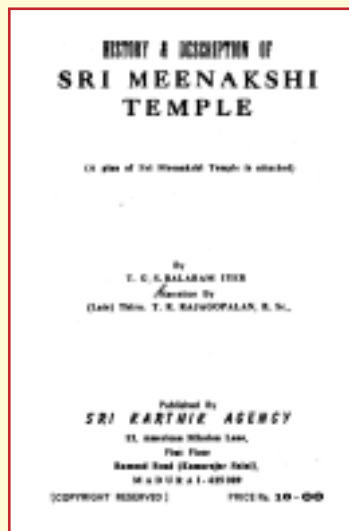
**Hindu India**  
by Henri Stierlin



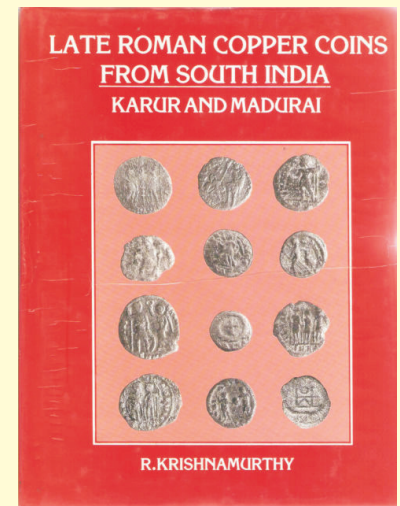
**Kaval Kottam**  
by S. Venkatesan



**Madurai Malligai**



**Sri Meenakshi Temple**



**Late Roman Copper Coins**  
**From South India - Karur & Madurai**  
by R. Krishnamurthy





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## QUOTE OF THE MONTH

**You are never too old  
to set another goal or  
to dream a new  
dream.**

**– C.S. Lewis**



“May Light always surround you;  
Hope kindle and rebound you.  
May your Hurts turn to Healing;  
Your Heart embrace Feeling.  
May Wounds become Wisdom;  
Every Kindness a Prism.  
May Laughter infect you;  
Your Passion resurrect you.  
May Goodness inspire  
your Deepest Desires.  
Through all that you Reach For,  
May your arms Never Tire.”

— D. Simone





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## RECIPE OF THE MONTH

### *Ven Pongal*

#### Ingredients

Raw rice - 1 cup  
Moong dal/pasi paruppu - 1/4 cup  
Water - 4 cups  
Salt - as needed  
Ginger chopped - 1 tblsp  
Asafoetida - 1 pinch

#### To temper

Ghee - 2 tblsp  
Pepper - 2 tsp  
Jeera - 2 tsp  
Curry leaves - 1 sprig  
Asafoetida - 2 pinches  
Cashews - 6



1. An optional step is to roast the moong dal for extra flavour. Wash rice and dal together. Heat a small cooker with a tsp of ghee. Fry ginger and asafoetida for few seconds.
2. Add 4 cups of water, bring to boil. Add the washed rice, dal, salt and pressure cook for 4 whistles in medium flame. Wait until pressure gets released by itself, open & mash.
3. Season with the items given under to temper table. First add ghee, when hot add pepper and let it start splutter and then switch off the flame. Add cashews and fry till it starts golden and then lastly add jeera. Add curry leaves and asafoetida lastly. Mix in the heat well and then add it to pongal and mix well.





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## *Sakkarai pongal (sweet pongal)*

### Ingredients

Raw rice - ½ cup  
Moong dal/ pasi paruppu - 2-3 tblsp  
Jaggery - 1/2 cup heaped  
Water - 2 & 1/2 cups  
Ghee - 3 tblsp  
Salt - pinch  
Cashews - 5-6  
Raisin - 1-2 tblsp  
Elachi - 1  
Cloves - 1  
Nutmeg powder - 1 pinch  
Edible camphor \* - A tiny pinch



1. In a pressure cooker/ pan, add 1/4 tsp ghee and roast the moong dal.
2. Add water, washed rice and salt. Pressure cook for 4 whistles. Mash it once done.
3. Powder jaggery and heat it with water just to immerse it and bring to boil. Let the jaggery completely dissolve and filter it and add to the mashed rice in the cooker.
4. In a separate pan, heat a tsp of ghee and roast cashews to golden and add raisins to it. Once it fluffs up, transfer it and keep aside. In the same pan, add cloves, elachi and switch off the stove. Add nutmeg powder, give a quick stir. Take out elachi and powder it, add the powdered elachi, edible camphor, cloves along with nutmeg powder to the pongal.
5. Mix well and cook in medium flame for 5 minutes. Add 1/4 cup water or milk if it gets dry while cooking. Add ghee little by little while cooking. Lastly add the fried cashews and raisins.